

The Developmental Environmental Rating Scale (DERS) Summary

The *Developmental Environmental Rating Scale* (DERS) measures the quality of learning environments offered in classrooms serving children between the ages of 2.5 and 6ⁱ. The DERS is designed to align environmental design and implementation with desired outcomes related to executive functions, language, and social-emotional developmentⁱⁱ.

The DERS consists of 60 research-based items clustered around five broad aspects of human development:

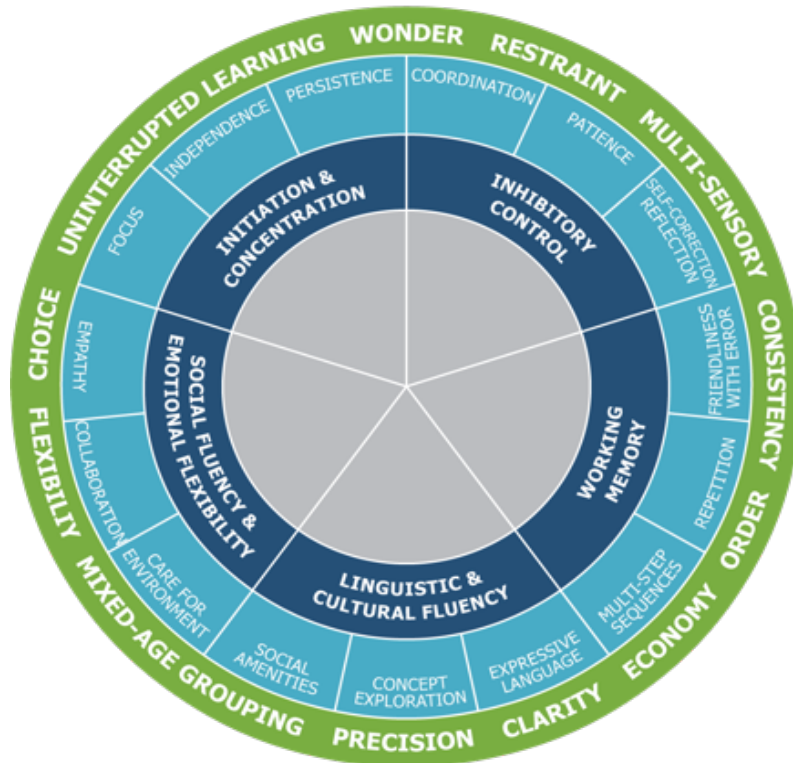
- 1) initiation & concentration,
- 2) inhibitory control,
- 3) working memory,
- 4) linguistic and cultural fluency,
- and 5) social fluency and emotional flexibility.

The first three domains function as a cluster of skills associated with executive functioning and are generally assessed by a single measure. Likewise, the fourth and fifth domains correlate to measures of oral language and social and emotional development, which are also influenced by executive functioning skills.

The DERS may be used internally to identify priorities for continuous improvement or externally as an assessment of environmental quality.

The assessment is administered in two parts: (1) a teacher questionnaire, and (2) a 60 minute classroom observation focused on three environmental categories: **child behavior, adult behavior, and environmental attributes**. Each of the items is aligned to at least one of the domains listed below, and the instrument is scored based on assessor reports of observed item presence, magnitude, and frequency.

Many of the observable qualities of classrooms that nurture executive functions, language, and social-emotional development map onto multiple domains. For instance, environments that feature spontaneous turn taking support both the development of inhibition as well as social fluency. Likewise, uninterrupted learning time, free choice, voluntary physical movement, and adult behavior that is calm, predictable, and respectful of student engagement are items that influence all five domains. Other items are prioritized to predict more specific domain-related outcomes. The Domain Summary below illustrates the relationship between discrete items and each of the five domains.



NCMPS is grateful to Kay Baker, Carolyn Daoust, Eliza Davis, Silvia Dubovoy, Annette Haines, Steven J. Hughes, Gigi Luk, Jan Davis Mallett, Elina Rautasalo, Deborah Silvis, And Ginny Trierweiler for their contributions to the development of this instrument.

This work was generously supported by the Trust for Learning, the Harold Simmons Foundation and the CityBridge Foundation.

Domain 1: Initiation and Concentration

| | |
|---------------------------------|---|
| Child Behavior | <ul style="list-style-type: none"> • Children begin activities without adult assistance. • Children transition independently from one activity to another. • Children move freely around the environment and select work with minimal adult involvement • Children remain focused for extended periods of time, often choosing to repeat work. • Children express joy and satisfaction in the process of concentrated work. |
| Adult Behavior | <ul style="list-style-type: none"> • Adults observe student activity, but do not interrupt when students are clearly concentrating. • Adults respond to child questions or requests with information and encourage independent problem solving. • Adults introduce new activities as an invitation rather than a command to learn and communicate wonder in their approach to children and content. • Adults permit children to discover the results of their actions rather than receive a warning about them. |
| Environmental Attributes | <ul style="list-style-type: none"> • Materials and furnishings are child sized.. • All materials are available to children every day. • Materials are kept at children's level. • All areas of the environment are designed for children's use. |

Domain 2: Inhibitory Control

| | |
|---------------------------------|---|
| Child Behavior | <ul style="list-style-type: none"> • Children walk around the room without stepping on or intruding on the work-space of others. • Children observe peers, and are able to refrain from touching others' work. • Children continue to engage in an activity even if they are obviously frustrated, (e.g.: sighing, frowning). • Children attempt multiple ways of correcting an error. • Children refocus and choose another activity/material when their first choice is unavailable. |
| Adult Behavior | <ul style="list-style-type: none"> • Adults give clear instructions for activities. • Adults do not force or coerce children to do activities. • Adults offer children choices of different options. • Adults use descriptive language and avoid praise designed to flatter (e.g. "good job" or "you're so smart"). |
| Environmental Attributes | <ul style="list-style-type: none"> • Materials are purposefully limited to allow students to make alternative work choices when work is in use. |

Domain 3: Working Memory

| | |
|-----------------------|---|
| Child Behavior | <ul style="list-style-type: none"> • Children repeat work with productive engagement. • Younger children observe peers at work. • Children engage in multi-step tasks and activities and have the opportunity to self-correct • Children engage in self-talk and narrate activity as they engage in it. |
| Adult Behavior | <ul style="list-style-type: none"> • Adults' movements are unhurried, intentional, and observable by children. • Adults perform repeated activities in the same way each time. • Adult-demonstrated motor sequences become progressively longer and more complex as children demonstrate mastery. |

| | |
|---------------------------------|--|
| Environmental Attributes | <ul style="list-style-type: none"> • Materials and decor are organized according to learning domain and purpose. • Materials are displayed in sequence and from simple to complex. • Materials are selected for specific developmental appropriateness and functionality; there is nothing extraneous and no presence of commercial toys. • Decoration is strategic, with carefully curated visual stimulation. • The classroom provides lengthy (ideally three hour) periods of uninterrupted work. • Digital technology is largely absent from the environment, and not part of the method of curriculum delivery. |
|---------------------------------|--|

Domain 4: Linguistic and Cultural Fluency

| | |
|---------------------------------|--|
| Child Behavior | <ul style="list-style-type: none"> • Children engage in frequent conversation. • Children sing – both spontaneously and as part of small or large group activity. • Children socialize in self-formed groups rather than adult-directed activity. • Children greet adults and peers with ease (indicators may include hand-shakes & eye contact). |
| Adult Behavior | <ul style="list-style-type: none"> • Adults use language intentionally, with specific attention to vocabulary, clarity, modulation, pace, and tone. • Adults speak with children using a conversational tone and manner, speaking with and not “at” children. • If a second language is part of the program, it is delivered via an immersion model, in which one adult speaks exclusively or almost exclusively in the second language. |
| Environmental Attributes | <ul style="list-style-type: none"> • The classroom contains many objects for naming, fetching and labeling. • Carefully selected, age-appropriate print material is available at all times and on a range of topics that may be of interest to one or more children. • Room décor reflects cultural and ethnic backgrounds of the community of families. • Real objects, pictures, and books are used to introduce children to vocabulary, phonics, and syntax. • Materials are available for children to discriminate textures, and the majority are made of natural materials (wood, glass, metal, fabric). • Children have access to a range of functional, child-sized tools and implements (brooms, mops, shovels, flatware). |

Domain 5: Social Fluency and Emotional Flexibility

| | |
|---------------------------------|---|
| Child Behavior | <ul style="list-style-type: none"> • Children demonstrate care for their environment, including spontaneously dusting, washing, setting tables, pushing in chairs. • Children demonstrate care for their peers, including assisting with dressing, offering food, resolving conflicts. • Children use words to resolve conflicts with one another. • Children display an overt sense of comfort and trust in adults. • Children (over the age of four) clearly regard adults as a source of support and comfort, but direct most of their social attention to peers. • Children frequently display signs of joy and pleasure in their activity (may be indicated through laughter, singing, smiling, or physical contact such as hugs or hand-holding). |
| Adult Behavior | <ul style="list-style-type: none"> • Adults model respect for the environment by participating directly in its care. • Adults make eye contact with children, bend to their level when speaking with them. • Adults share wonder and joy in student accomplishment and discoveries. • Adults use a soft, conversational voice at all times. |
| Environmental Attributes | <ul style="list-style-type: none"> • Children are grouped in mixed-age communities. • The physical space is organized according to aesthetic values of simplicity and order, garnering an overall sense of calm and harmony. • Turn taking is embedded into activities such as sharing snack, using the restroom, selecting materials. |

References

- Alfieri, L., Brooks, P. J., Aldrich, N. J., & Tenenbaum, H. R. (2011). Does discovery-based instruction enhance learning? *Journal of Educational Psychology*, *103*(1), 1-18. doi: [10.1037/a0021017](https://doi.org/10.1037/a0021017)
- Blair, C. (2010). Stress and the development of self-regulation in context. *Child Development Perspectives*, *4*, 181-188
- Blair, C. & Razza, R. (2007). Relating effortful control, executive function, and false belief understanding in emerging math and literacy ability in kindergarten. *Child Development*, *78*(2), 647-653. doi:[10.1016/j.jsp.2012.01.001](https://doi.org/10.1016/j.jsp.2012.01.001)
- Booren, L., Downer, J., & Vitiello, V. (2012). Observations of children's interactions with teachers, peers, and tasks across preschool classroom activity settings. *Early Education and Development*, *23*, 517-538.
- Carlson, S. M., & White, R. E. (2013). Executive function, pretend play, and imagination. In M. Taylor (Ed.), *The Oxford handbook of the development of imagination* (pp. 161-174). New York: Oxford University Press.
- Covington, M. (2000). Goal theory, motivation, and school achievement: An integrative review. *Annual Review of Psychology*, *51*, 171-200.
- Cumberland-Li, A., Eisenberg, N., & Rieser, M. (2004). Relations of young children's agreeableness and resiliency to effortful control and impulsivity. *Social Development*, *13*(2), 193-212.
- Deci, E. L., & Ryan, R. M. (2000). The "what" and "why" of goal pursuits: Human needs and the self-determination of behavior. *Psychological Inquiry*, *11*, 227-268.
- Deci, E., Koestner, R., & Ryan, R. (1999). A meta-analytic review of experiments examining the effects of extrinsic rewards on intrinsic motivation. *Psychological Bulletin*, *125*, 627-668
- Denham, S., Bassett, H., Way, E., Kalb, S., Warren-Khot, H., & Zinsser, K. (2014). "How would you feel? What would you do?" Development and underpinnings of preschoolers' social information processing. *Journal of Research in Childhood Education*, *28*, 182-202.
- Diamond A. & Lee K. (2011). Interventions shown to aid executive function development in children 4 to 12 years old. *Science*, *333*, 959-964.
- Diamond, A., (2010). "The evidence base for improving school Outcomes by addressing the whole child and by addressing skills and attitudes, not just content." *Early Education and Development*, *2*:780-793.
- Diamond, A. (2000). Close interrelation of motor development and cognitive development and the cerebellum and prefrontal cortex. *Child Development*, *71*(1), 44-56.
- Duckworth, A. L., & Carlson, S. M. (2014). Self-regulation and school success. In B. W. Sokol, F. M. E. Grouzet, & U. Mueller (Eds.), *Self-regulation and Autonomy: Exploring the Social, Developmental, Educational, and Neurological Dimensions of Human Conduct* (pp. 208-230). New York: Cambridge.
- Fisher, A., Godwin, K., & Seltman, H. (2014). Visual environment, attention, allocation and learning, in young children: When too much of a good thing may be bad. *Psychological Science*, *25*(7), 1362-1370.
- Gagné, M., & Deci, E. L. (2005). Self-determination theory, & work motivation. *Journal of Organizational Behavior*.
- Gentner, D. (2002). Psychology of mental models, In N. J. Smelser & P. B. Bates (Eds.), *International Encyclopedia of the Social and Behavioral Sciences*, 9683-9687.
- Grant, J. (1993). Questions and answers about multiage programs. In D. Sumner (Ed.), *Multiage classrooms: The ungrading of America's schools* (17-19). Peterborough, NH: Society for Developmental Education.

- Gupta, A. (2008). Constructivism and peer collaboration in elementary mathematics education: The connection to epistemology. *Eurasia Journal of Mathematics, Science, and Technology Education*, 4(4), 381-386. Retrieved from <http://proxy.tamu-commerce.edu:9365/>
- Harms, M., Zayas, V., Meltzoff, A. N., and Carlson, S. M. (2014). Stability of executive function and predictions to adaptive behavior from middle childhood to pre-adolescence. *Frontiers in Psychology: Developmental Psychology*. doi: 10.3389/fpsyg.2014.00331
- Hogan, D. & Tudge, J. (1999). Implications of Vygotsky's theory for peer learning. In A. M. O'Donnell & A. King (Eds.), *Cognitive perspectives on peer learning. The Rutgers Invitational Symposium on Education Series* (39-65). Mahwah, NJ: Lawrence Erlbaum.
- Iyengar, S., & Lepper, M. (2000). When choice is demotivating: Can one desire too much of a good thing? *Journal of Personality & Social Psychology*, 79(6), 995-1006.
- Jordan, K. & Baker, J. (2011). Multisensory information boosts numerical matching abilities in young children. *Developmental Science*, 14(2), 205-213.
- Kampmann, J. & Browne, M. (2011). "Teacher, there's an elephant in the room!" An inquiry approach to preschoolers' early language learning. *Young Children*, 66(5), 84-89.
- Lillard, A. S. (2012). Preschool children's development in classic Montessori, supplemented Montessori, and conventional programs. *Journal of School Psychology*, 50, 379-401.
- Lillard, A. S., Lerner, M. D., Hopkins, E. J., Dore, R. A., Smith, E. D., & Palmquist, C. M. (2012, August 20). The Impact of Pretend Play on Children's Development: A Review of the Evidence. *Psychological Bulletin*. Advance online publication. doi: 10.1037/a0029321
- Lillard, A.S. & Else-Quest, N. (2006). "Evaluating Montessori Education," *Science* 131:1893-94.
- Lillard, A. & Witherington, D. (2004). Mothers' behavior modifications during pretense snacks and their possible signal value for toddlers. *Developmental Psychology*, 40(1), 95-113.
- Klein, D. & Seligman, M. (1976). Reversal of performance deficits and perceptual deficits in learned helplessness. *Journal of Abnormal Psychology*, 85(1), 11-26.
- McMains S, Kastner S. (2011). Interactions of top-down and bottom-up mechanisms in human visual cortex. *Journal of Neuroscience*. 31(2), 587-97.
- Moffitt TE, Arseneault L, Belsky D, Dickson N, Hancox RJ, Harrington H, Houts R, Poulton R, Roberts BW, Ross S, Sears MR, Thomson WM, Caspi A. (2011). [A gradient of childhood self-control predicts health, wealth, and public safety](#). *Proceedings of the National Academy of Science*;108(7):2693-8.
- Nedovic, S. & Morrissey, A. (2013). Calm and focused: Children's responses to an organic outdoor learning environment. *Learning Environment Research*, 16, 281-295. doi:10.1007/s10984-013-9127-9
- Niemiec, C. & Ryan, R. (2009). Autonomy, competence, and relatedness in the classroom: Applying Self-Determination Theory to educational practice, *Theory and Research in Education*, 7(2), 133-144.
- Rathunde, K. (2014). Understanding optimal school experience: Contributions from Montessori education. *National Society for the Study of Education*, 113(1), 253-274.
- Rathunde, K. & Csikszentmihalyi, M. (2005). Middle school students' motivation and quality of experience: A comparison of Montessori and traditional school environments. *American Journal of Education*, 111, 300-309.
- Robeson, S. (2016). Self-regulation and metacognition in young children: Does it matter if adults are present or not? *British Educational Research Journal*, 42 (2), pp. 185–206.
- Shankland, R., Genolini, C., Franca, L., Guelfi, J., & Ionescu, S. (2010). Student adjustment to higher educational pathways in coping with the demands of student life. *Different Education*, 59, 353-366. doi:10.1007/s10734-009-9252-7
- Schwartz, B. (2000). Self-determination: The tyranny of freedom. *American Psychologist*, 55(1), 79-88.

- Simon, H. (2001). "Seek and ye shall find": How curiosity engenders discovery. In Crowley, K., Schunn, C., & Okada, T. (Eds.), *Designing for science: Implications for everyday, classroom, and professional settings*. Mahwah, NJ: Lawrence Erlbaum.
- Steele, A., Karmiloff-Smith, A., Cornish, K., & Scerif, G. (2012). The multiple subfunctions of attention: Differential development gateways to literacy and numeracy. *Child Development*, 83(6), 2028-2041.
- Stuart, S., Connor, M., Cady, K., & Zweifel, A. (2006). Multiage instruction and inclusion: A collaborative approach. *International Journal of Whole Schooling*, 3(1), 12-26.
- Tanner, C. K. (2008). Explaining relationships among student outcomes and the school's physical environment. *Journal of Advanced Academics*, 19(3), 444-471. Retrieved from <http://journals.prufrock.com/UP/b/journal-of-advanced-academics>
- Warash, B., Smith, K., & Root, A. (2011). "I want to learn my phone number" encourage young children to set their own learning goals. *Dimensions of Early Childhood*, 39(2), 12-18.
- Watts-Taffe, S., Laster, B., Broach, L., Marinak, B., Connor, C., & Walker-Dalhouse, D. (2012). Differentiated instruction making informed teacher decisions. *The Reading Teacher*, 66(4), 303-314.
- Whitebread, D. (2010). Play, metacognition and self-regulation, in: P. Broadhead, J. Howard & E. Wood (Eds) *Play and learning in the early years*. London: Sage), 161–176.
- Whitebread, D., Bingham, S., Grau, V., Pino-Pasternak, D. & Sangster, C. (2007) The development of metacognition and self-regulated learning in young children: The role of collaborative and peer-assisted learning, *Journal of Cognitive Education and Psychology*, 6(3), 433–455
- Zubrowski, B. (2002). A curriculum framework based on archetypal phenomena and technologies. *Science Education*, 86(4), 481-501. doi:101002/sce.10026

An Elementary DERS (Ages 6-12) is also available. The DERS is inspired by similar instruments developed by educators at Family Star Montessori, in Denver, Colorado, and Cornerstone Montessori, in St. Paul, Minnesota, and developed by a team of researchers affiliated with the *What, Why, How: Establishing a Framework for Research on Montessori Education* project.